

Keisha Monroe

Certified Nursing Assistant, Long-Term Care and Med-Surg

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ABOUT ME

Certified nursing assistant with five years in long-term care and hospital med-surg, listed on the Florida nurse aide registry and BLS certified. Cares for 10 to 12 residents a shift; no new pressure injuries on the assigned hall in 18 months.

WORK EXPERIENCE

Certified Nursing Assistant

March 2022 - present

Bayshore Gardens Rehabilitation and Nursing Center

- Give ADL care and chart vitals and intake and output for 10 to 12 residents a day on a 40-bed hall.
- Turn and reposition every 2 hours per care plan; no new pressure injuries on the hall in 18 months.
- Use a gait belt or mechanical lift for every assisted transfer; no resident falls during transfers in 2025.
- Orient new CNAs to the hall and to PointClickCare charting; 8 trained in the last two years.

Nursing Assistant, Medical-Surgical Unit

February 2021 - February 2022

Palmetto Coast General Hospital

- Took vitals, glucose checks and weights for 8 to 10 patients a shift on a 30-bed med-surg unit.
- Reported a patient's new confusion and low blood pressure to the RN, who started the sepsis protocol.

EDUCATION

Gulf Coast Technical College

August 2025 - May 2027

Practical Nursing Certificate (LPN), in progress, expected May 2027

Gulf Coast Technical College

September 2020 - December 2020

Nurse Aide Training Program, 120 hours including clinical practice

SKILLS

Technical Skills: ADL assistance, Vital signs, Intake and output, Mechanical lift transfers, Pressure injury prevention, Dementia care, PointClickCare, Epic

Soft Skills: Patience with confused residents, Dependability, Clear shift reports

LANGUAGES

English – Native, Spanish – Conversational

CERTIFICATES & COURSES

Certified Nursing Assistant (CNA)

Florida Board of Nursing · January 2021

Basic Life Support (BLS)

American Red Cross · Valid through Mar 2027